





## November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2 Croissant w/Eggs, Ham, &amp; Cheese,</b> Fruit &amp; Milk</p> <p><b>Chicken Cacciatore w/Brown Rice,</b> Swiss Chard, Beets &amp; Milk</p> <p>Pancakes &amp; Mandarin Oranges</p>	<p><b>3 Peanut Butter &amp; Jelly Muffins,</b> Fruit &amp; Milk</p> <p><b>Beef Slider,</b> Caramelized Brussels Sprouts, Corn &amp; Milk</p> <p>Bananas &amp; Graham Crackers</p>	<p><b>4 Breakfast Bread Pudding w/Egg &amp; Cheese,</b> Fruit &amp; Milk</p> <p><b>Roast Pork Tenderloin,</b> Caramelized Butternut Squash, Snap Peas WW Tortilla &amp; Milk</p> <p>Hummus, Crackers &amp; Celery Sticks</p>	<p><b>5 Bagel w/Cream Cheese,</b> Fruit &amp; Milk</p> <p><b>Fish Sticks,</b> Green Beans, Carrots, WW Bread &amp; Milk</p> <p>Oat Cereal/Milk &amp; Peaches</p>	<p><b>6 Bacon,</b> Crepe w/Fruit Sauce &amp; Milk</p> <p><b>Roasted Garlicky Lemon Chicken,</b> Roasted Root Vegetables, Peas, WW Roll &amp; Milk</p> <p>Peanut Butter Crackers &amp; Applesauce</p>	<p><b>7</b></p>
<p><b>9 Breakfast Quesadilla,</b> Fruit &amp; Milk</p> <p><b>Shrimp &amp; Grits,</b> Yellow Squash Casserole, Sauteed Broccolini &amp; Milk</p> <p>Applesauce &amp; Graham Crackers</p>	<p><b>10 Zucchini Bread,</b> Fruit &amp; Milk</p> <p><b>Crispy Pork Belly w/ WW Macaroni &amp; Cheese,</b> Roasted Brussels Sprouts, Green Beans &amp; Milk</p> <p>English Muffin Pizzas w/cheese &amp; pizza sauce</p>	<p><b>11 Cereal, Fruit, Milk</b></p> <p><b>Spaghetti, Salad, Bread, Milk</b></p> <p>Mandarin Oranges &amp; Peanut Butter Crackers</p>	<p><b>12 Oat &amp; Honey Granola Yogurt Cups w/Fruit &amp; Milk</b></p> <p><b>Chicken Pot Pie,</b> Snap Peas, Carrots &amp; Milk</p> <p>Fish Nuggets &amp; Macaroni &amp; Cheese</p>	<p><b>13 Croissant w/Eggs, Ham &amp; Cheese,</b> Fruit &amp; Milk</p> <p><b>Beef Bolognese w/WW Spaghetti,</b> Peas, Cauliflower &amp; Milk</p> <p>Turkey on WW Bread</p>	<p><b>14</b> In accordance with U.S. Department of Agriculture policy, his institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disabilities.</p>
<p><b>16 Bean, Egg &amp; Cheese WW Burrito,</b> Fruit &amp; Milk</p> <p><b>Fish Nuggets w/Rice,</b> Salad, Green Beans &amp; Milk</p> <p>Tomato Soup/Crackers &amp; Mixed Vegetables</p>	<p><b>17 Banana Bread,</b> Fruit &amp; Milk</p> <p><b>Chicken Nuggets,</b> Baked Beans, Cauliflower Mashed, Cornbread &amp; Milk</p> <p>Apple slices &amp; Cheese</p>	<p><b>18 Crepe w/Fruit Sauce,</b> Sausage Patty &amp; Milk</p> <p><b>Chicken Enchilada Suizas,</b> Cilantro/Lime Brown Rice, Green Chili Corn Pudding, Snap Peas &amp; Milk</p> <p>Cheese Quesadilla</p>	<p><b>19 Oatmeal,</b> Fruit &amp; Milk</p> <p><b>Braised Beef Short Ribs,</b> Mashed Potatoes w/Gravy, Sauteed Zucchini, Tomatoes &amp; Onions, WW Bread &amp; Milk</p> <p>Pancakes &amp; Scrambled Eggs</p>	<p><b>20 WW Pancake Sandwich w/Bacon &amp; Egg,</b> Fruit &amp; Milk</p> <p><b>BBQ Chicken Pizza,</b> Glazed Carrots, Salad &amp; Milk</p> <p>Hummus/Celery Sticks &amp; Crackers</p>	<p><b>21.</b> To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250</p>
<p><b>23</b></p> <p style="text-align: center;"><b>Thanksgiving Break</b></p>	<p><b>24</b></p> <p style="text-align: center;"><b>Thanksgiving Break</b></p>	<p><b>25</b></p> <p style="text-align: center;"><b>Thanksgiving Break</b></p>	<p><b>26</b></p> <p style="text-align: center;"><b>Thanksgiving Break</b></p>	<p><b>27</b></p> <p style="text-align: center;"><b>Thanksgiving Break</b></p>	<p><b>28-9410</b> or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.</p>
<p><b>30 Breakfast WW Quesadilla,</b> Fruit &amp; Milk</p> <p><b>Chicken Piccata w/ White Rice,</b> Roasted Carrots &amp; Parsnips, Corn &amp; Milk</p> <p>Bananas &amp; Peanut Butter Crackers</p>					<p><b>All milk served to children 2 ½ and older is unflavored and has a milk-fat content of 1%.</b></p>

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