



Menu – July 2020

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|------------------|
|  |  | <p>1 Cereal, Applesauce & Milk</p> <p>Pork Zuppa Toscana, Green Beans, Enriched Focaccia Bread & Milk</p> <p>Cheese Quesadillas & Tropical Fruit</p> | <p>2 Toasted Bagel w/Cream Cheese, Peaches & Milk</p> <p>Fish Nuggets, Barley & Brown Rice Pilaf w/Peas, Carrots & Milk</p> <p>Yogurt and Oat Cereal</p> | <p>3</p> <p>HOLIDAY</p> | <p>4</p> |
| <p>6 Oatmeal, Fruit Salad & Milk</p> <p>Chicken & Mozzarella on Enriched Hoagie, Sweet Potato Fries w/Smoked Paprika, Peas & Milk</p> <p>Mandarin Oranges & Graham Crackers</p> | <p>7 Cinnamon Tortilla, Apples & Milk</p> <p>Pork Sausage, Baked Beans, Spinach Mandarin Orange Salad, WW Bread & Milk</p> <p>Goldfish & Bananas</p> | <p>8 Waffle, Peaches & Milk</p> <p>Shrimp Scampi w/Enriched Cappellini, Broccoli, Carrots & Milk</p> <p>Fruit Cocktail and Cheese Toast</p> | <p>9 Toasted English Muffin w/Peanut Butter, Grilled Pineapple & Milk</p> <p>Turkey & Wild & Brown Rice Soup, Green Beans & Milk</p> <p>Sloppy Joes & Bread</p> | <p>10 Blueberry Muffin, Melon & Milk</p> <p>Beef Chili, Pinto Beans, Corn, WW Tortilla & Milk</p> <p>Macaroni & Cheese and Fish Sticks</p> | <p>11</p> |
| <p>13</p> <p>CLOSED</p> | <p>14 Cereal, Pears & Milk</p> <p>Baked Cod Under Dill Souffle, Roasted Zucchini w/Tomatoes & Onion, Peas, Cornbread & Milk</p> <p>Banana Bread & Yogurt</p> | <p>15 Pancake, Fruit Salad & Milk</p> <p>Turkey Rachel Sandwich, Broccoli w/Garlic & Butter, Carrots & Milk</p> <p>Watermelon & Graham Crackers</p> | <p>16 Enriched Pumpkin Muffin, Applesauce & Milk</p> <p>Beef Brisket, Enriched Macaroni & Cheese, Cauliflower, Green Beans & Milk</p> <p>Tomato Soup & Mixed Vegetables & Crackers</p> | <p>17 Cinnamon Toast, Melon & Milk</p> <p>Chicken Marsala, Twice Baked Cauliflower, Tossed Salad, WW Tortilla & Milk</p> <p>Peanut Butter Crackers & Fruit Cocktail</p> | <p>18</p> |
| <p>20 Cheese Quesadilla, Apples & Milk</p> <p>Tuna Sandwich, Green Beans, Caramelized Butternut Squash & Milk</p> <p>Pigs In A Blanket & Bananas</p> | <p>21 Oatmeal, Peaches & Milk</p> <p>Hot Turkey Salad, Corn Chowder, Spring Pea Medley, WW Bread & Milk</p> <p>Mixed Fruit & Graham Crackers</p> | <p>22 French Toast, Mandarin Oranges & Milk</p> <p>Roast Beef, Mashed Potatoes w/Beef Gravy, Glazed Carrots, Biscuit & Milk</p> <p>Apples & Cheese Crackers</p> | <p>23 Bean Burrito, Pears & Milk</p> <p>Chicken & Enriched Dumplings, Oven Fried Green Tomatoes, Broccoli w/Butter & Milk</p> <p>Macaroni & Cheese and Fish Sticks</p> | <p>24 Pancake, Fruit Salad & Milk</p> <p>Chef Salad w/Ham, Gazpacho, Focaccia Bread & Milk</p> <p>Pinto Beans & English Muffins</p> | <p>25</p> |
| <p>27 Cereal, Pears & Milk</p> <p>Turkey Sandwich, Potato/Leek Soup, Green Beans & Milk</p> <p>Bean Burritos and Mixed Fruit</p> | <p>28 WW Toast w/Peanut Butter, Melon & Milk</p> <p>Beef Tacos, Charro Beans, Corn & Milk</p> <p>Hummus & Celery Sticks & Crackers</p> | <p>29 Banana Bread, Apples & Milk</p> <p>Chicken Enchilada Suizas, Refried Beans, Parmesan Baked Zucchini & Milk</p> <p>Grilled Chicken Thighs & Tortillas</p> | <p>30 Waffle, Peaches & Milk</p> <p>Bacon, Veggie & Cheese Omelet, Avocado Toast & Milk</p> <p>Bananas & Oat Cereal</p> | <p>31 Cheese Quesadilla, Mandarin Oranges & Milk</p> <p>Crunchy Baked Catfish w/Tartar Sauce, New Potatoes w/Green Beans, Yellow Squash Casserole, & Cornbread & Milk</p> <p>Watermelon & Graham Crackers</p> | |

