

April 2024 Menu



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Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	. 5
Breakfast: Vanilla Yogurt, Fruit, WG Granola, Parfait, Milk	Breakfast: WG Waffles, Bacon, Mandarin, Oranges, Milk	Breakfast: WG Cheerios, Diced Peaches, Milk	Breakfast: WG English Muffins w/ Peanut butter, Bananas, Milk	Breakfast: WG French Toast Sticks, Sausage, Tropical Fruit, Milk
Lunch: Baked Chicken, Carrots, Green, Beans, ENR Cous-Cous, Milk	Lunch: Broccoli, Chicken, Cheddar Soup,Vegetable Medley, ENR Focaccia Bread, Milk	Lunch: Sliced Ham w/ Cherry Glaze, Roasted Potatoes, Peas & Carrots, WW Roll, Milk	Lunch: Beef Spaghetti with WW Noodles, Broccoli, Corn, Milk	Lunch: WG Fish Nuggets w/Tartar Sc. Carrots, Green Beans, ENR Lemon Orzo Pasta, Milk
Snack: Grilled Cheese Sandwiches	Snack: Graham Crackers with Peanut Butter	Snack: Vanilla Yogurt with mandarin oranges	Snack: Cereal & Milk	Snack: Eng Muffin Pizza with pepperoni, shredded cheese, PS
8	9	10	11	12
Breakfast: WG Oatmeal Blueberry Cereal Bars, Peaches, Milk	Breakfast: Scrambled Eggs, Bacon, WW Toast, Milk	Breakfast: WG Pancakes,Sausage Patty, Bananas, Milk	Breakfast: WG Bagel w/ Cream Cheese, Mixed Berries, Milk	Breakfast: Bean & Cheese Quesadilla, ENR Tortilla, Diced Pears, Milk
Lunch: Tuscan Kale, Sausage, Wt.Bean Soup, ENR Focaccia Bread, Green Beans, Milk	Lunch: WG Chicken Nuggets, Tater Tots, Sweet Corn, WG Biscuit, Milk	Lunch: Beef Pot Roast, Mashed Potatoes,Vegetable Medley,WW Roll, Milk	Lunch: Turkey & Cheese Sand on WW Bread, Green Salad, Roasted Cauliflower, Milk	Lunch: Pork Tenderloin, Mashed Sweet Potatoes, Baked Beans, ENR Focaccia bread, Milk
Snack: Bean & Cheese Quesadilla	Snack: Elvis Sandwiches w/Sliced Banana's & Peanut Butter	Snack: Sliced Apples w/Peanut Butter	Snack: Tomato Soup with Gold Fish Crackers	Snack: Applesauce w/ Graham Crackers
15		17	18	19
Breakfast: Egg & Cheese & Sausage ENR Croissant,Peaches, Milk	Breakfast: Blueberry Muffin, Bacon, Diced Pears, Milk	Breakfast: WW English Muffins w/ Peanut Butter, Mandarin Oranges, Milk	Breakfast: WG Rice Chex, Bananas, Milk	Breakfast: WG Waffles, Applesauce, Milk
Lunch: Beef Chili & Cheese, WG Cornbread Muffin, Green Beans, Milk	Lunch: BBQ Chicken Meatballs, Sweet Potato Fries,Veg Medley, Milk	Lunch: Pork Carnitas, Refried Beans, ENR Tortilla, Sweet Corn, Milk	Lunch: Chicken & ENR Dumplings, Broccoli, Beets, Milk	Lunch: Tuna Sandwich on WW read, Green Salad, Ancient Grains Salad w/ Veggies, Milk
Snack: Vanilla Yogurt with sliced peaches	Snack: Sliced Bananas w/Peanut Butter on Ritz Crackers	Snack: Apple Sauce with Animal Crackers	Snack: Cereal & Milk	Snack: ENR Corn Chips with Shredded Cheese & Refried Beans
22	23	24	25	
Breakfast: WG Bagel w/Cream Cheese, Sausage Patty, Tropical Fruit, Milk	Breakfast: WG French Toast Sticks, Mixed Berries, Milk	Breakfast: Vanilla Yogurt, Fruit, WG Granola Parfait, Milk	Breakfast: Scrambled Eggs, Sausage, WW Toast , Mandarin Oranges, Milk	Breakfast: WG Pancakes, Bacon, Peaches, Milk
Lunch: Pork Posole w/ Hominy, Cauliflower, Green Beans, ENR Tortilla, Milk	Lunch: WG Fish Nuggets w/ Tartar Sauce, WG Quinoa Rice Pilaf, Corn, Carrots, Milk	Lunch: Chicken Tacos, w/Cheese Green Salad, Refried Beans, ENR Tortilla, Milk	Lunch: Beef w/ Mushroom Sauce, Baked Potatoes, Carrots, WW Roll, Milk	Lunch: Pepperoni & Sausage Pizza, ENR Pizza Crust, Broccoli, Corn, Milk
Snack: Peanut Butter and Jelly Sandwiches	Snack: Tomato Soup with Gold Fish Crackers	Snack: Sliced Apples with Peanut Butter	Snack: Ritz Crackers with Sliced Cheddar Cheese	Snack: Graham Crackers with Peanut Butter
29	30			
Breakfast: Egg & Cheese Omelette, Bacon, Tropical Fruit, Milk	Breakfast: WG Waffles, Peanut Butter, Bananas, Milk			This facility is and equal opportunity provider. All milk served to participants is
Lunch: PB&J Tacos on WW Bread, Tater Tots,Vegetable Medley, Milk	Lunch: Chicken & Cheese ENR Quesadillas, Baked Beans, Green Salad w/ Cucumbers, Milk			unflavored. Participants 2 years and older are served either low-fat (1%) or fat-free milk and children
Snack: Applesauce with Animal Crackers	Snack: Yogurt with Sliced Banana's			1 year old are served whole milk. *WG whole grain.