

# February Menu 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Breakfast: ENR Bean & Cheese Quesadillas, Diced Pears, Milk	Breakfast: Cheese Omelets, WW Toast, Tropical Fruit, Milk	Breakfast: WG Pancakes, Mandarin Oranges, Milk	Breakfast: WG Rice Chex, Bananas, Milk	Breakfast: WG Waffles, Mixed Berries, Milk
Lunch: Ham & Cheese Sandwich, Tater Tots, Green Salad, Milk	Lunch: Chicken Pasta Alfredo, ENR Garlic Bread, Broccoli, Carrots, Milk	Lunch: WG Fish Nuggets w/Tartar Sauce, Baked Beans, Green Beans, Milk	Lunch: Beef Stroganoff, ENR Egg noodles, Mixed Vegetables, Cauliflower, Milk	Lunch: Chicken Meatballs & Marinara Sauce w/ Cheese, Snap Peas, Beets, WW Roll, Milk
Snack: Cheerios with Milk and Sliced Bananas	Snack: Fruit Cocktail with Vanilla Yogurt	Snack: Corn Chips with Melted Shredded Cheddar Cheese and refried bean dip.	Snack: Peanut Butter and Jelly Rollups on a WG tortilla	Snack: Sliced Cheddar Cheese with Ritz Crackers
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Breakfast: WG French Toast Sticks, Diced Peaches, Milk	Breakfast: WG Granola, Vanilla Yogurt, Mixed Berries, Milk	Breakfast: WG French Toast Sticks, Cinnamon Apples, Milk	Breakfast: WG Bagels w/ Cream Cheese, Tropical Fruit, Milk	Breakfast: WG Cheerios, Bananas, Milk
Lunch: Baked Chicken, Baby Baked Potatoes, Cauliflower, WW Roll, Milk	Lunch: Beef Spaghetti, WW Noodles, Green Salad, Peas & Carrots, Milk	Lunch: Baked Cod w/Tartar Sauce, Black Beans, Green Beans, WG Brown Rice & Milk	Lunch: BBQ Pork Riblets, Refried Beans, Sweet Corn, WW Biscuit, Milk	Lunch: Pepperoni & Sausage WG Pizza, Green Salad, Mixed Vegetables, Milk
Snack: Cheesy Pizza - WG English Muffin w/ Sauce and Shredded Cheddar Cheese	Snack: Graham Crackers with Peanut Butter	Snack: Apple sauce with animal crackers	Snack: Tomato Soup with Gold Fish and a Cheese Stick	Snack: Peanut Butter and Jelly Sandwiches on WW Bread
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Closed	Breakfast: Scrambled Eggs, WW Toast, Mandarin Oranges, Milk	Breakfast: WG Waffles, Cinnamon Apples, Milk	Breakfast: ENR Zucchini Bread, Mixed Berries, Milk	Breakfast: ENR Bean & Cheese Quesadillas, Mandarin Oranges, Milk
	Lunch: WG Chicken Nuggets, Sweet Potatoes Tots, Peas, Milk	Lunch: Pork Kielbasa, Sweet & Sour Cabbage, Baby Baked Potatoes, WG Biscuit, Milk	Lunch: Chicken Tacos, WG Corn Tortillas, Lettuce, Tomatoes, Cheese, Sweet Corn, Milk	Lunch: WW Tuna Sandwich, Green Salad, Mixed Vegetables, Milk
	Snack: Sliced Bananas with Vanilla Yogurt	Snack: WG Cheerios with Milk and sliced Bananas	Snack: Gold Fish and Mozzarella Sticks	Snack: Apple Sauce with Animal Crackers
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Breakfast: WG Rice Chex, Bananas, Milk	Breakfast: WG Bagels w/ Cream Cheese, Melon, Milk	Breakfast: WG Granola, Diced Peaches, Vanilla Yogurt, Milk	Breakfast: Scrambled Eggs, WW Toast, Diced Pears, Milk	Breakfast: WG French Toast Sticks, Mixed Berries, Milk
Lunch: Korean Beef, WG Brown Rice, Sugar Snap Peas, Carrots, Milk	Lunch: Mini Hot Dogs, ENR Buns, Tater Tots, Sweet Corn, Milk	Lunch: Pork Tenderloin, Cranberry Sauce, Scalloped Potatoes, Beets, WW Roll, Milk	Lunch: Teriyaki Ribs, ENR Rice, Roasted Butternut Squash, Peas & Carrots, Milk	Lunch: Chicken Piccata, Broccoli, Green Salad, WG Biscuit, Milk
Snack: Nutella with Sliced Apples and Graham Crackers	Snack: Cereal with Sliced Bananas and Milk	Snack: Tomato Soup with Cheese Sticks and Saltine Crackers	Snack: Quesadilla with Cheddar Cheese & Refried Beans	Snack: Ham and Cheese Sandwiches on WW Bread
<b>WG = Whole Grain</b> <b>WW =Whole Wheat</b> <b>ENR = Enriched</b>		This facility is and equal opportunity provider. All milk served to participants is unflavored. Participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.		<b>Seeds of Learning</b> <b>18+17+12=47</b>