## May Menu 2025



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
This facility is and equal opportunity provider. All milk served to participants is	WG = Whole Grain WW =Whole Wheat ENR = Enriched	* Food Shortages may result in Menu	Breakfast: Scrambled Eggs, WW Toast, Mandarin Oranges, Milk	Breakfast: WG Banana Bread, Tropical Fruit, Milk
unflavored. Participants 2 years and older are served either low- fat (1%) or fat-free milk and children 1 year old are served	Seeds of Learning	Substitutions	Lunch: Ham Steaks, Roasted Carrots, Cauliflower, WW Roll, Milk	Lunch: Cod Fish w/Tartar Sauce, (*Chicken), Sweet Potato Tots, Snap Peas, WW Rolls, Milk
whole milk.	18+18+13=49		Snack: Cheddar Cheese with Sliced Apples	Snack: Corn Chips with Refried Beans and Shredded Cheese
5	6	7	8	9
Breakfast: WG Eng Muffins w/Peanut Butter, Applesauce, Milk	Breakfast: Bacon & Cheese Egg Bites, WW Toast, Mandarin Oranges, Milk	Breakfast: WG Waffles, Mixed Berries (*1 fruit Cup), Milk	Breakfast: Bean & Cheese ENR Quesadillas, Diced Peaches, Milk	Breakfast: WG Strawberry Oatmeal Cereal Bars, Sliced Apples, Milk
Lunch: Meatballs & Marinara, ENR Pasta, Broccoli, Mixed Vegetables, Milk	Lunch: Chicken Tacos, Flour Tortillas, Green Salad, Refried Beans, Milk	Lunch: BBQ Riblets, Sweet Corn, Green Beans, WW Biscuit, Milk	Lunch: Fish Nuggets w/ Tartar Sauce, (*Chicken), WG Brown Rice, Broccoli, Peas & Carrots, Milk	Lunch: Korean Beef, ENR Rice, Sugar Snap Peas, carrots, Milk
Snack: Graham Crackers with Strawberry Cream Cheese and Sliced Apples	Snack: Cheerios with Sliced Bananas, Milk	Snack: Animal Crackers w/ Celery Spears and Peanut Butter	Snack: Vanilla Yogurt with Fruit Cocktail.	Snack: Peanut Butter and Jelly Sandwiches
12	13	14	15	16
Breakfast: WG Bagels w/ Cream Cheese, Diced Pears, Milk	Breakfast: WG French toast Sticks, Applesauce, Milk	Breakfast: WG Rice Chex, Banana, Milk	Breakfast: Cheese Omelets, Tropical Fruit, WW Toast, Milk	Breakfast: WG Granola, Vanilla Yogurt, Diced Peaches, Milk
Lunch: Meatloaf, Mashed Potatoes, Peas, ENR Roll, Milk	Lunch: Turkey & Cheese Sandwich on WW Bread, Tater Tots, Baked Beans, Milk	Lunch: Beef Spaghetti, ENR Garlic Bread, Squash Casserole, Green Beans, Milk	Lunch: Chicken Nuggets, Hummus, WG Pita Chips, Cheesy Cauliflower, Milk	Lunch: Boneless Teriyaki Ribs, ENR Rice, Broccoli, Sweet Corn, WW Roll, Milk
Snack: Cheddar Cheese on Ritz Crackers with Sliced Apples	Snack: Graham Crackers with Nutella, and Sliced Bananas	Snack: Vanilla Yogurt with mandarin oranges	Snack: Tomato Soup made with Milk, and Gold Fish	Snack: Bean and Cheese Quesadilla on WW Flour Tortilla
19	20	21	22	23
Breakfast: Bacon & Cheese Egg Bites, Applesauce, WW Toast, Milk		Breakfast: Scrambled Eggs, WW Toast, Mandarin Oranges, Milk	Breakfast: WG French toast Sticks, Sliced Apples, Milk	Breakfast: WG English Muffins, w/ Peanut Butter, Tropical Fruit, Milk
Lunch: BBQ Chicken, Corn Casserole, Sweet Potato Fries, WW Biscuit, Milk	No School - Professional Development Day	Lunch: Chicken Chili, WG Honey Cornbread, Green Beans, Milk	Lunch: ENR Pizza Muffins, Zucchini, Cauliflower, Milk	Lunch: mini Hot Dogs, Tater Tots, Carrots, ENR Buns, Milk
Snack: English Muffin Pizza with Shredded Chedder Cheese		Snack: Tostadas with Refried Beans and Cheddar Cheese	Snack: Celery & Carrot Spears w/ Ranch, & Sliced Cheddar Cheese	Snack: Peanut Butter on Toast with Sliced Bananas
26		28	29	30
	Breakfast: WG Cheerios, Bananas, Milk	Breakfast: WG Zucchini Bread, Melon, Milk	Breakfast: WG Granola, Vanilla Yogurt, Mixed Berries, (*1 Fruit Cup), Milk	Breakfast: WG Bagel w/ Cream Cheese, Diced Peaches, Milk
Closed - Memorial Pay	Lunch: WG Fish Nuggets w/ Tartar Sauce (*Chicken), Sweet Corn, Beets, Milk	Lunch: Chicken Quesadillas, Carrots, Refried Beans, ENR Tortilla, Milk	Lunch: Beef Lasagna, ENR Garlic Bread, Broccoli, Mixed Vegetables, Milk	Lunch: Tuna Sandwich on WW Bread, Vegetable Sticks w/ Ranch Dressing, Sweet Potato Fries, Milk
	Snack: Strawberry Yogurt with Sliced Bananas	Snack: Gold Fish with Mozzarella Sticks and Tomato Soup	Snack: Applesauce with Animal Crackers	Snack: Sliced Cheddar Cheese on Ritz Crackers.