



May Menu 2026



Monday	Tuesday	Wednesday	Thursday	Friday
WG = Whole Grain WW =Whole Wheat ENR = Enriched Seeds of Learning 18+13+11 = 42	Food Shortages may result in Menu Substitutions	This facility is and equal opportunity provider. All milk served to participants is unflavored. Participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.		1 Breakfast: Scrambled Eggs, WW Toast, Diced Pears, Milk Lunch: Meatballs & Marinara, ENR Linquine, Carrots, Broccoli, Milk Snack: Sliced Cheddar Cheese and Ritz Crackers
4	5	6	7	8
Breakfast: English Muffins w/Peanut Butter, Sliced Apples, Milk	Breakfast: Vanilla Yogurt, Mixed Berries (1 fruit cup), WG Granola, Milk	Breakfast: WG Banana Bread, Mandarin Oranges, Milk	Breakfast: Cheese Omelettes, WW Toast, Diced Pears, Milk	Breakfast: WG Waffles, Bananas, Milk
Lunch: Navy Bean & Bacon Soup, ENR Focaccia Bread, Green Salad, Carrots, Milk	Lunch: BBQ Riblets, Baked potato Salad, Sweet & Sour Cabbage, WW Biscuits, Milk	Lunch: WW Ham & Cheese Sandwich, Cheesy Cauliflower, Snap Peas, Milk	Lunch: WG Chicken Nuggets, Peas & Carrots, Sweet Potato Puffs, Milk	Lunch: ENR Pork Sliders, Mashed Potatoes, Green Salad, Milk
Snack: Nutella Hazelnut Spread on Graham Crackers	Snack: Animal Crackers w/ Apple sauce	Snack: Sliced Apples with Peanut Butter	Snack: ENR English Muffin Pizza with Shredded Cheddar Cheese and Pepperoni	Snack: WG Pretzels w/ Peanut Butter
11	12	13	14	15
Breakfast: Bacon & Cheese Egg Bites, WW toast, Tropical Fruit, Milk		Breakfast: WG Bagel w/Cream Cheese, Diced Peaches, Milk	Breakfast: WG Rice Chex, Bananas, Milk	Breakfast: WG Zucchini Bread, Mandarin Oranges, Milk
Lunch: Thai Chicken with Peanut Sauce, Snap Peas, WG Brown Rice, Cauliflower, Milk	Closed for PD Day	Hawaiian Pork, Coconut Rice, Zucchini, Carrots, Milk	Beef Spaghetti w/WG Pasta, Green Beans, Sweet Corn, Milk	WG Chicken Strips, tater Tots, Peas & Carrots, WW Roll, Milk
Snack: Peanut Butter & Jelly on WW Bread		Snack: Cheese-It's Crackers with Mozzarella Cheese Sticks	Snack: WG Bagel w/ Cream Cheese and Cutties	Snack: Animal Crackers with Nutella Spread
18	19	20	21	22
Breakfast: WG Pancakes, Sliced Apples, Milk	Breakfast: French Toast Sticks, Tropical Fruit, Milk	Breakfast: WG Waffles, Mixed Berries, Milk	Breakfast: WG English Muffins w/ Peanut Butter, Bananas, Milk	Breakfast: Vanilla Yogurt, Diced Peaches, WG Granola, Milk
Lunch: Pork Tenderloin, Potato Medley, Mixed Vegetables, ENR Rolls, Milk	Lunch: Chicken & Vegetable Curry W/ Brown Rice, Green Salad, Milk	Lunch: Chicken with Mushroom Sauce, Broccoli, Carrots, ENR Rolls, Milk	Lunch: Meatloaf, Mashed Potatoes, Sweet Corn, WW Biscuits, Milk	Lunch: Chicken & Cheese ENR Quesadillas, Black Beans, Sweet Potato Fries, Milk
Snack: Cheese Quesadilla with ENR Tortillas and Shredded Cheddar Cheese	Snack: Chicken Nuggets with Apple Sauce	Snack: WG Bagel w/Cream Cheese, Mixed Fruit	Snack: Pretzels with Peanut Butter	Snack: Sliced Apples with Peanut Butter
25	26	27	28	29
	Breakfast: Scrambled Eggs, WW Toast, Mandarin Oranges, Milk	Breakfast: WG French Toast Sticks, Strawberries, Milk	Breakfast: Bacon & Cheese Egg Bites, WW Toast, Applesauce, Milk	Breakfast: WG Bagels w/ Cream Cheese, Diced Peaches, Milk
Closed for Memorial Day	Lunch: WG Fish Nuggets w/ Tartar Sauce, Steakfries, Peas & Carrots, Milk	Lunch: BBQ Pork Ribs, Creamed Corn, Carrots, WW Roll, Milk	Lunch: Chicken Fettuccine, Cauliflower, Green Beans, ENR Noodles, Milk	Lunch: Beef Fajitas w/ ENR Tortillas, Refried Beans, Sweet Corn, Milk
	Snack: Vanilla Yogurt with Sliced Bananas	Snack: Pretzels w/ Nutella Spread and Sliced Apples	Snack: Ritz Crackers w/ Sliced Cheddar Cheese	Snack: Cheese Quesadilla with ENR tortillas and Shredded Cheddar Cheese