



July Menu 2026



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
This facility is an equal opportunity provider. All milk served to participants is unflavored. Participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.	WG = Whole Grain WW = Whole Wheat ENR = Enriched Food Shortages may result in Menu Substitutions	Breakfast: Egg & Cheese Omelet, WW Bagel, Peaches, Milk Lunch: ENR Pepperoni & Sausage Pizza, Garden Salad, Zucchini, Milk Snack: Pretzels with Peanut Butter	Breakfast: WG Waffles, Applesauce, Milk Lunch: Tuna Sandwich on WW Bread, Broccoli Salad, Sweet Potato Fries, Milk Snack: Sliced Cheddar Cheese with Ritz Crackers	Closed for the 4th of July 
6	7	8	9	10
	Breakfast: WW Cinnamon Toast, Sliced Peaches, Milk Lunch: ENR Cheese Lasagna Rollups, Beef Meatballs, Green Salad, Broccoli, Milk Snack: Peanut Butter & Jelly Sandwich on WW Bread	Breakfast: WW Pancakes, Applesauce, Milk Lunch: Chicken Cheddar Broccoli Soup, ENR Crackers, Sweet Corn, Milk Snack: Mozzarella Cheese Sticks with Gold Fish Crackers	Breakfast: WW English Muffins w/Peanut Butter, Sliced Apples, Milk Lunch: BBQ Pork Sliders, Tater Tots, Coleslaw, ENR Bun, Milk Snack: Peanut Butter with Graham Crackers	Breakfast: Toasted Bagels, Cream Cheese, Pineapple Chunks, Milk Lunch: WG Fish Nuggets w/ Tartar Sauce, Green Beans, Beets, Milk Snack: Animal Crackers and Apple Sauce
13	14	15	16	17
Breakfast: WG Cheerios, Bananas, Milk Lunch: WG Beef Spaghetti, Green Salad, Cauliflower, Milk Snack: Vanilla Yogurt with Sliced Peaches	Breakfast: WW French Toast Sticks, Tropical Fruit, Milk Lunch: ENR Beef Dogs in a Blanket, Sweet Potato Fries, Mixed Vegetables, Milk Snack: Ritz Crackers with Peanut Butter	Breakfast: Toasted WG English Muffin w/Peanut Butter, Applesauce, Milk Lunch: WG Chicken Nuggets, Sesame Broccoli, Mashed Potatoes, Milk Snack: Cheese Burritos on WW Tortilla	Breakfast: Cheese & Egg Omelet, Sliced Pears, Milk Lunch: Teriyaki Riblets, Butternut Squash, Peas & carrots, WW Biscuit, Milk Snack: ENR English Muffin Pizza with Cheddar Cheese	Breakfast: WG Zucchini Bread, Mandarin Oranges, Milk Lunch: Ham & Cheese Sandwich on WW Bread, Cheesy Cauliflower, Green Beans, Milk Snack: Cheese Nachos w/ Tostitos Multigrain Corn Chips and Cheddar Cheese
20	21	22	23	24
Breakfast: Vanilla Yogurt, Sliced Peaches, Graham Crackers, Milk Lunch: Pork Tenderloin, Sweet potato, Mixed Vegetables, WW Roll, Milk Snack: Sliced Apples with Cheese-it Crackers	Breakfast: WW Toast, with Peanut Butter, Tropical Fruit, Milk Lunch: WG Fish Nuggets w/Tartar Sc., Broccoli, Sweet corn, Milk Snack: Grilled Cheese Sandwich on WW Bread w/Cheedar Cheese.	Breakfast: WW French Toast Sticks, Mixed Fruit, Milk Lunch: ENR Beef Ravioli, Garden Salad, Green Beans, Milk Snack: Cheese Quesadilla on WG Tortillas.	Breakfast: Scrambled Eggs, Shredded Cheese, rolled in WW Tortillas, Sliced Apples, Milk Lunch: Korean Beef, ENR Jasmine Rice, Snow Peas, Carrots, Milk Snack: Strawberry Yogurt with Graham Crackers	Breakfast: Oatmeal, Mandarin Oranges, Milk Lunch: Chicken Tacos, ENR Tortillas & Cheese, Black Beans, Cauliflower, Milk Snack: Pretzels with Peanut Butter
27	28	29	30	31
Breakfast: WG Rice Chex, Bananas, Milk Lunch: Chicken Parmigiana, Pesto Asparagus, Yellow Squash, ENR Garlic Bread, Milk Snack: Pineapple tidbits with Vanilla Yogurt	Breakfast: WG Crescent Rolls, Mixed Fruit, Milk Lunch: BBQ Pork Ribs, Sweet Corn, Carrots & Peas, WW Biscuits, Milk Snack: Ham & Cheese Sandwich on WW Bread	Breakfast: WG Banana Bread, Applesauce, Milk Lunch: Chicken & Dumplings, Green Salad, Broccoli, ENR Biscuits, Milk Snack: Mozzarella Cheese Sticks with Cheese-it Crackers	Breakfast: WG Waffles, Sliced Peaches, Milk Lunch: Crispy Cod w/ Tartar Sauce, Creamed Spinach, Cauliflower, WW Roll, Milk Snack: Chicken Nuggets, Applesauce	Breakfast: Cheese Omelet, WW Toast, Pears, Milk Lunch: Meatballs & Marinara, WW Pasta, Carrots, Green Beans, Milk Snack: Graham Crackers with Peanut Butter